

# The Messenger

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April 2014



We are in the midst of the season of Lent. This message is taken from the March 7<sup>th</sup> entry written by Rachel Carnegie in the 2014 Lenten Meditations published by Episcopal Relief and Development of the Episcopal Church.

*Norah chuckles as she watches the fingerlings jumping in her pond. Smiling broadly, she gives a large plastic bag full of young fish to her neighbor. "Now, go and grow fish," she says.*

*Norah started with a tiny pond of fish, but her work flourished, and now her business, in the hills of Kenya, has taken off. "We live far from the sea, but we have learned to enjoy fish," she says.*

*Norah is a born innovator. She absorbs new ideas and tries them out on her small farm. Her three dairy cows now fuel a homemade bio-gas plant, which generates enough for her cooking. And her fruit trees grow abundantly on the waste.*

*Norah has done so well with her little farm. She loves sharing all that she has learned with her neighbors, who come regularly to marvel and learn from her innovations. "I give them fifty little fish, and their lives can change," she reflects cheerfully.*

*The season of Lent is about reflection. In the silence of the day, we listen for God's voice. But Lent is messy too. As the days grow longer, the air warms and the ground thaws. Spring is here. Gardeners tend the soil; homeowners sweep cobwebs from corners and organize the garage. Change happens. Norah knows this. So too, Christians clean the clutter from their inner lives and prepare their hearts' and minds to wait for what is to come. We know that the final hurdle of destruction of Holy Week is still to come, yet, faithful Christians continue to embrace change.*

In the same Lenten publication, Jenny Ta Paa Daniel, a teacher, writer, speaker and public theologian in the Anglican Church in Aotearoe, New Zealand and Polynesia, laments about times of desperation and despair. Destruction will happen. Jesus will die. From death comes life. Change happens. She also provides hope as she writes, "Loving God, in this precious Lenten time enables us to ponder anew both the 'what' and the 'why' questions [of life] which inspire us to be God's faithful servants."

What change is God doing in this season of Lent?

Faithfully,  
Anne Abdy



## ANNOUNCEMENTS

- Henceforth the **NEWSLETTER** will be available online at [www.episcopalcoosbay.org](http://www.episcopalcoosbay.org) If you wish to receive a monthly email with a pdf version of the newsletter, please contact the church secretary with your email address. She can be reached at [secretary@episcopalcoosbay.org](mailto:secretary@episcopalcoosbay.org) or at 541-269-5829. Printed copies of the newsletter will be available in the narthex. If you wish to remain on the mailing list to continue to receive hardcopy through the U.S. Mail Service, please contact the church secretary.
- **Contemporary Sunday** will be the last Sunday in March and the last Sunday in April.
- **Bible Study** continues on Thursday evenings 6-8 on April 3rd and 10th. Each evening is a stand-alone study, so feel free to join the group at any time.
- **UTO Ingathering** will be April 27<sup>th</sup>, the Sunday after Easter.
- **Knitters** will be meeting on the SECOND SATURDAY in the future. We also crochet! We look forward to having you join us.
- **Calendar** As of The Messenger's printing date, the Vestry had not set the schedule for Emmanuel's Holy Week and Easter services. Therefore, we are not publishing a calendar for the month of April until matters are finalized, which should be before the end of March. Then we will publish a calendar online. You may view it on our website at [www.episcopalcoosbay.org](http://www.episcopalcoosbay.org). Also, we will put printed copies in the narthex for your convenience.



### FOR THE HEALTH OF IT

*by Kerry Oxford, Parish Nurse*

On Saturday, April 5, Stephanie Polizzi, Registered Dietician, will join us for a new health seminar on *Foods that Fight Cancer and Promote Wellness*. Stephanie is a fun and knowledgeable speaker.

Please plan to join us from 10:00 A.M. to Noon. The seminar is free and we will have a light lunch following the class.

Come join in the FUN!!!



### FOOD CUPBOARD DONATIONS

The donations the Ecumenical Emergency Food Cupboard (EEFC) receives in March and April will be enhanced by the Feinstein Grant. That means your donations of money and/or food are leveraged into greater gifts by a "subsidy" during this time. As you are all aware, we have a greater need than ever at this time for donations to help feed the hungry in our community. Please help us by giving generously.

## **SUNDAY SCHOOL AT EMMANUEL**

**10:00 Sundays**

*by Sally Jaeggli*

After a short break, Godly Play is back! It's being led by teams of parents and others. Children of preschool and elementary school age (we are flexible) are greeted in the specially-outfitted Sunday School room by a "doorkeeper." A "story teller" leads the classes, and a hands-on activity follows. Angela Gibson is scheduling teams - please contact her if you'd like to find out more or volunteer to help!

Children's Bible Study: Tim Wall is leading a Bible study focusing on the Bible lessons the congregations listens to during the church service. There is no lower age limit, but children should be able to read the Bible lessons.

Following Sunday School, children generally join their parents for Communion in the church. Emmanuel's nursery is also available during the entire ten o'clock service for preschool children, toddlers and babies.



## **United Thank Offering INGATHERING**

This time of Lent is an especially perfect time for us to be recognizing our gratitude for God's blessings in our lives. The UTO boxes are one excellent way of giving thanks. The Ingathering will take place on Sunday, April 27<sup>th</sup>: the Sunday after Easter.

The UTO was organized by Julia Chester Emery (1852-1922) who was an extraordinary woman. At 24 she became the national secretary of the Women's Auxiliary of the Episcopal Church. Her work enabled thousands of women to realize their potential for ministry, and she encouraged the church to broaden its own understanding of faithful lay ministry.

During her tenure she visited every diocese in the United States, and helped organize branches of the Women's Auxiliary in more than 5,600 parishes. Their primary focus was to empower women for mission and to address the issue of funding for women who felt called to dedicate themselves to that work in a time when women's roles were severely limited. The Auxiliary sought to connect women one to another, to encourage them to know that they each had something to do for Christ and the coming of the Kingdom of God in the company of Episcopal women everywhere.

She also created the UTO, represented today by small blue boxes with slots for coins to encourage daily giving and thanks to God. The UTO is still under the purview of the ECW, having awarded \$1,517,280 in grants for mission in 2012.

*Taken (and slightly re-written) from an article by Penny Nash.*



## A GATHERING OF WISDOM WOMEN

To be held on Saturday, April 12<sup>th</sup> at St. John's Episcopal Church in Bandon, from 9:00 A.M. to 2:00 P.M.

Using material from Benedictine writer Joan Chittister's book, The Gift of Years: Growing Older Gracefully, The Rev. Peter L. Fritsch, Episcopal priest, author and teacher, will facilitate discussion on a variety of topics of the participants' choosing such as joy, authority, fulfillment, relationships, freedom, wisdom, resiliency, loss, men, limitations, solitude, memories, loneliness, legacy and spiritual power.

This workshop is open to women of all ages. While the focus of the day is to provide a safe place for women to share their stories from the last third of life, it is also a time for younger women to learn and share their own challenges and reflections.

Register now. Reserve a place by phone or email. Payment (\$15) can be made at the door but pre-registration is required to reserve a seat.

Contact church office at 541-347-2152 or email at [stjohns@mycomspan.com](mailto:stjohns@mycomspan.com). If you are interested in car pooling, contact Susan Foreman through the church secretary at 541-269-5829.



## PRAYER LIST

“Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.” *BPC- prayers of the people Form 4*

### **We pray for:**

Kathryn	Bill	Esther	Andy	Ruth	Mark	Cale
Kathy	Ron	Wayne	Gary	Valerie	Therese	Brett
Lois	Judy	June	Heather	Hannah	Laura	Vicki
Josh	Tarynne	Pat	Albert	Maureen	Christopher & Family	
Cathy	Jane	Susan	Elizabeth & Dan		Rachael	Bruce
Virginia	Shawn	Alice	Robert	Richard	Christina	Brenda
Marty	Tricia	Fran	Ingrid	Marian	Loanne	Carol & Rob
Marcia	Carrie	Bob	Elaine	Gail	Donna	Cathy
Joanne	Alyvia	Jim	Carl	Evelyn	Noah	Lorna
Christina	Joyce	Maureen	Paul	Leona	David	Gloria
Terri						

**Rest in Peace:** Betty Dyer and Debra Fuller

## GIFTS RECEIVED

### MEMORIAL

In memory of Keith Stewart by Ralph and Jeannette Sweet

### FOOD CUPBOARD

In memory of Ray and Margaret McMullen by Pat and Nancy Cross

### CHANGE OF ADDRESS

The Rev. Jim Young  
Trinity Episcopal Church  
P.O.Box 3278  
Lynchburg, Virginia 24503

**Have you moved? Changed your phone number? Remember to let the church office know so we can update our records.**

**Thanks. 541-269-5829**