



# *The Messenger*

## *February 2024*

Emmanuel Episcopal Church  
P. O. Box 1028  
400 Highland Avenue  
Coos Bay, OR 97420

### **Rector Reflection**

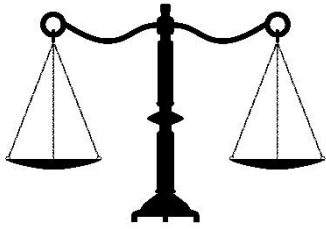
Mark 1:14-15 reads: *"Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God; and saying, 'The time is fulfilled, and the kingdom of God has come near, repent, and believe in the news.'"*

This was our Gospel reading a couple Sundays ago. It is, in Mark's view, the 'mission statement' of Jesus. He came and proclaimed, in word and deed, that the time of alienation from God was over. A new time had come. Kingdom time! Repent and believe. Repenting of our sins and believing in the good news of forgiveness and reconciliation with God are at the core of what it means to be a follower of Jesus Christ. It is not that we walk around beating ourselves up for our failures. Rather, to acknowledge one's sins is a profound honesty with our imperfections as human beings. We call out to God Almighty for help and God... Oh and God, the mighty God shows up for us. Even in our faults and failures we have been given the greatest gift! God's unfailing love and faithfulness. Because of that we can repent often! If you are faithful to the Daily Office, you repent at least twice a day. To be honest, I used to find this a burden. Morning AND night? Am I really in such need? Um. Turns out the answer is yes. I am in a time in my life when I don't want to waste the time I have left pretending I have things altogether. It's too exhausting and inherently dishonest. Now I welcome the confession and absolution at the beginning of prayer because it is a moment of stripping away all pretense with God. God knows everything there is to know about each of us. Are we that transparent with ourselves? How readily do we say the words: "I am sorry. I was wrong. Please forgive me." We each can, without fear or guilt, acknowledge when we have failed AND.....begin again. What a gift that is! When the well runs dry, we can come in prayer to Living Water that cleanses and refreshes our souls. I do believe such language is more than mere metaphor. It is descriptive of how God's love and forgiveness frees us. And God is not stingy about it either!

I remind you of these things because in February we enter the counter-cultural season of Lent. It is anathema to those who believe they never do wrong (at least not seriously wrong, maybe only white lies instead of bald face lies). Lent is an opportunity to face up to the patterns of thoughts, words and deeds that are selfish, prideful, harmful, cruel, or just plain indifferent toward God and our neighbors. We have the chance in Lent to repent more often! The Lenten journey helps us to approach the reality of human love and betrayal on graphic display in the liturgies of Holy Week and Easter. We intently, purposefully, and faithfully enter fasting and denial during Lent. As a priest, I am obligated to both practice it and to commend it to all. We attempt in the weeks of Lent to make sacrifices that bring us to an even deeper awareness of our need for God's grace. ***Please, take this time seriously.*** Repent often. Speak the name of Jesus often. Give alms. Fast from certain foods that you consume often so as to remember those for whom fasting is imposed by poverty. Practice self-denial so that others might be lifted up. Above all pray for the world and spend more time with the Scriptures. The Holy Spirit can be trusted to speak through all our Lenten practices. Do it all without fanfare. Do it in honor of Jesus Christ. If you have not received the Sacrament of Reconciliation recently, please avail yourself of the rite sometime during Lent. After all, as baptized people we share in Jesus' mission. The Dominican Order says it like this: We are to praise, to bless and to preach that the kingdom of God is at hand and real transformation is possible!



See you in Church! *Patti+*



### Special Coffee Hour

In our recent clothing drive competition for The Ark Project here in Coos Bay, the women won! Women gathered 330 lbs. of clothing and men gathered 327 lbs. It was SOOO close. But the men lost and so they will be cooking and serving breakfast for the women on Sunday, February 11, 2024, for the coffee hour time. This also serves as our pre-Lenten "Fat Tuesday" meal!

In addition, Rev. Patti will have available jewelry she was given after her stepfather died after Thanksgiving. The jewelry is a collection of her grandmother's, mother's and stepmother's that was kept by her stepfather after they each died. There are quite a lot of all kinds. Please come and take home some that you will enjoy or that you think someone else might enjoy. There is no cost, but only a suggested donation of \$20.00. All the funds raised will go to help get the Coos Food Cupboard up and running again.



### Ash Wednesday Services

February 14, 2024

#### Imposition of Ashes

12:00 PM at Emmanuel Episcopal Church

6:30 PM at St. Mary the Virgin in Gardiner –

All are welcome to join us there!

7:00 PM at Emmanuel Episcopal Church with Sr. Amy Linder  
(No Morning Prayer, Evening Prayer this day.)



### A Guest Preacher is coming...February 23-25, 2024

Sr. Amy and I will be hosting Br. Kevin Goodrich, OP who is a member of our Religious Order. He will be preaching and teaching at St. Mary's Gardiner on Saturday, February 24 and the same on Sunday, February 25 at Emmanuel.

Br. Kevin is an Episcopal priest who serves a congregation in Dubuque, Iowa. He was among the first to make a solemn profession in the Anglican Order of Preachers and served a term as Master of the Order, the position which I now serve in the Anglican Order of Preachers. Br. Kevin is a scholar and a very fine preacher. He has long made a practice of traveling to offer a 'mission' weekend to parishes all over the world. I know we will all be blessed by his presence with us, and the message God brings through him for our Lenten journey.



### Coos Food Cupboard

The Coos Food Cupboard had to close temporarily because of water damage. We have been working closely with Emmanuel's Jr. Warden, Al Rumsch, to address this as quickly as possible. We are encouraged by the availability of contractors to do the work we need done. What could have been a disastrous closure of several months looks like it maybe about a month. We are greatly appreciative of the support from Al and Rev. Patti as well as the support from several other churches in our community who have reached out to us to offer assistance. The work of the Coos Food Cupboard is important to those in need in our community. We hope to be back at it very soon.

If you would like to donate to help us cover the extensive costs of these repairs, please make your check out to Emmanuel Episcopal Church, and write in the memo line "Flood Repair". Thank you, Emmanuel, for your continued support of the Coos Food Cupboard!

~submitted by Rev. Doug Hale



### 40 Days of Grateful Presence

This Lent, United Thank Offering invites you to reflect on the ordinary things in your life and give thanks for them. We've created free materials for congregations, individuals, and families, including a free printable coloring sheet from Kristen Wheeler of Ministry of the Saints that is perfect for any age.

### United Thank Offering Lent Texts

Those looking for a simple reminder to practice gratitude can sign up to receive one text message each day throughout the Lent season.

Find them both here: [www.unitedthankoffering.com/Lent](http://www.unitedthankoffering.com/Lent)



## St. James the Apostle Episcopal Church

### An invitation from St. James in Coquille

St. James will be having a Shrove Tuesday Pancake Supper on February 13<sup>th</sup> from 5:00 PM – 7:00 PM. All are welcome to join them.

### Coquille Food Bank

With the temporary closure of the Coos Food Cupboard, St. James would like to share that together with other churches from around the Coquille community, they take part in the Coquille Food Bank. The Food Bank is for anyone with a Coquille address or who otherwise resides in the city. It's located in the basement of Holy Name Catholic Church and is open from 2-4 p.m. on Mondays and Fridays. Please share this information with your neighbors who may be in need.

### Who's Your Neighbor Luncheon

Gloria Dei's next Who's Your Neighbor Luncheon is February 16, 2024, at 12:00 pm (noon). Lunch is free but donations are welcome.

#### Menu:

Jambalaya (mild spice level)

Cornbread

Steamed Vegetables

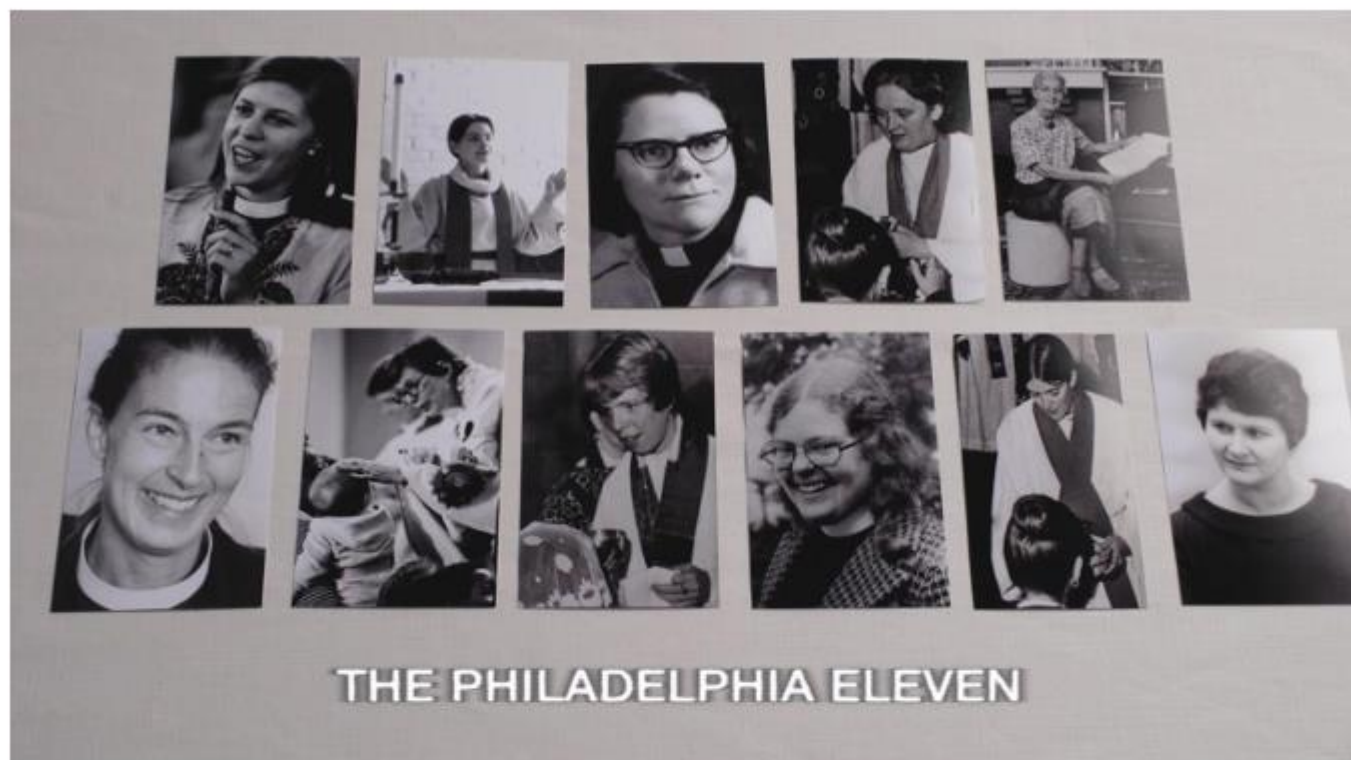
Egg Custard Puffs



Their speaker will be Connie Monohan telling attendants about the Bay Area Hospital Auxiliary.

“The Bay Area Hospital Auxiliary has been serving the hospital and our community for nearly 50 years. Volunteers can work in several different roles throughout the hospital, including the information desks, surgery waiting room, Joint Replacement Destination Center, diabetes classes, and the gift shop. As of 2021, our Auxiliary volunteers have provided more than 965,558 service hours and donated more than \$1 million to the hospital.”

Gloria Dei Lutheran Church, 1290 Thompson Rd., Coos Bay, OR 97420



Please join us at **Emmanuel Episcopal Church**  
in the Undercroft  
on **Saturday, March 2, 2024 at 12:00pm**  
for a Screening of the newly released documentary on  
the first women ordained to the priesthood in 1977  
remembered as “The Philadelphia Eleven”.  
There is no cost to attend as persons in the  
**South Coast Convocation**  
sponsored the Screening and have covered the cost to  
enable as many people as possible to join us for learning  
more on this important history.



## February Birthdays & Anniversaries

Nat Jaeggli Birthday - February 1

Karen Pruhsmeier Birthday - February 8

Susan Foreman Birthday – February 10

Bob & Janet Huggins Anniversary - February 12

Freja Little-John Gardener Birthday - February 12

Amelia Lankford Birthday - February 14

Pam Chaney Birthday - February 16

Eric Flaherty Birthday - February 17

Linda Kline Birthday - February 17

Elizabeth Roman Birthday - February 19

Jason Davidson Birthday - February 22

Sarah Peterson Birthday - February 28

If you don't see your name(s) on the birthday and anniversaries list, please let Kerri in the office know so we can add you to our parish list. *Thank you!*

**\*\*March Newsletter Submissions Deadline is Friday, February 23rd\*\***

## EXTENDED PRAYER LIST

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles and bring them the joy of your salvation. *BPC- prayers of the people Form 4*

**May they Rest in Peace and May light perpetual shine upon them – Jerry Christensen (family of Judy & Wilbur Jensen); Renell Henderson (sister-in-law of Terrye Laird), Karin Linder (Sr. Amy Linder's aunt); Thomas Musni (nephew of Judy & Wilbur Jensen); Donna Miller (Sr. Amy Linder's grandmother)**

Kathyn	Michelle	Sue O'Neal
Addilyn	David	Jeff K.
Andy & Lynn Nasburg	Dolores & Gerry	Judy and Mark Jennings
Diana	Karen	Judy Ann
Dreann	Clayton	Jeff Harris
Arlene	George E. Rook	Nora
Freja	James Greene	Devin, Aleah and Shanty
Kirsten	Rick Mittleman	Rachel Lindsey
Bill F.	Rosemary Silverstein	Brian & Ingrid Sullivan
Barbara	Jennifer	Mary K.
Louisa	William	Kerri
Jennifer	Russ & Tracy Clarke	Janet
John	Riley	Linda
Don C.	Butch	Kate
Jennifer	Karen	Charlie
Elian	David H.	Carol & Tom Zuvich
Amanda	Robert	Jill Hardy
Diane	Gus	Chris
Scott & Family	Janine	David L.
Nathan	Kelly	Chris Hewitson
Norm Frost	Tasha Roberts	Virginia & Larry O'Neal
Robert	Elizabeth	Lucious and Sarah
John B.	Caroline McKemy	Amy
Joanne	Tyler	Michael
Sophie	Janelle	Eddie
Don W.	Lisa G.	Patti & Jerry
Melia	Tiernan McCoy	Mark Henderson
Deanne	Leann Dunlap	Tom Hogan
Gayle	Jeff	Mark Archer
Ricky Fay	Conner	The Davenport Family
Ginger	David B.	Lance and His Family
Norman	Bob	Carma & Bill
Charlotte	Dana	
Dusti	Ellen Jones	
Fred K.	Jonathan	
Sam	Ralph	
Caroline Stewart	Beth	
Kyle	Mike C.	
Susie	Mariah Bennett	
John D.	Quinnlynn James	

Periodically we update our prayer list, removing names if we have no recent update or contact for the person. This is important so we continue to know who it is we are praying for and can continue to pray mindfully for those in need. If your loved one was inadvertently removed, please do not hesitate to contact Kerri in the parish office so they can be added back on. Thank you for understanding and for your intercessory prayers!

# Lent



first day of lent:

Do something  
**NICE**  
for a teacher  
or pastor.

Make a cross  
with things you  
find in  
nature. *two*

Read a Bible  
story or book.

3

Play your  
favorite game  
with someone.

*four*



5

Give  
someone  
a hug.



**NO**  
sweets  
today!

*six*

7

Learn an  
Easter song.



8

Make a  
cottonball  
lamb & think  
about how Jesus is  
the Lamb of God.



9

Give away something  
to someone.

Help  
someone  
today.

*ten*

Draw or  
decorate  
colorful  
Easter eggs.

11



Surprise someone  
with a **SPECIAL  
NOTE.**

12



13

Draw a  
picture  
with chalk  
outside.

14

Pray for  
someone.



**GIVE  
SOMEONE A  
COMPLIMENT.**

15

16

Help with  
yardwork or  
pick up a piece  
of litter.



*seventeen*

Share a meal  
with someone.

Perform  
a random  
act of

18

**KINDNESS.**

Download  
Easter  
coloring  
pages, print  
and color.

19



*twenty*

Tell God what  
you are  
thankful for.

# LIST

reasons why you love Easter.

*twenty one*



22

Draw or purchase an Easter Lily for a friend.

*twenty three*

Read John 13:1-17 and wash someone's feet.

Have a palm parade around your home.

*twenty four*

# FORGIVE

someone for something they did to you.

*twenty six*

Talk to someone or think about why we celebrate Easter.

27

Read about Good Friday.

(John 19:16-37)

Go on a nature scavenger hunt & find things that remind you of Jesus.



28



25

Draw an Easter picture for your family.

*thirty*

Make something for someone.

Go on a walk or bike ride & pray for your neighbors.

Collect items in a basket that remind you of Easter.



32

29

*thirty three*  
Play a game in the dark with flashlights.

Tell someone why you love Jesus.

Play stack the Peeps.

(See who can stack the most Peeps in a minute.)

*thirty six*

**GIVE UP**  
Something for the day.

34



35

Make an Easter card.

37

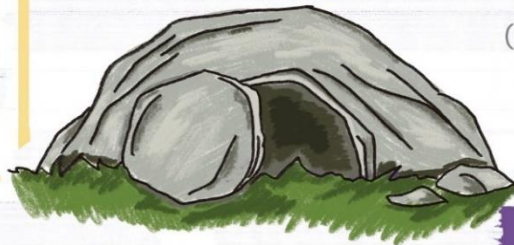
*thirty eight*

Hold the door open for someone.

39

Read about Jesus' resurrection.

(Matthew 28; Mark 16; Luke 24; John 20)



Attend an Easter service.

